



# ANGELA BONGOMIN



**Position:** Centre  
**Born:** March 14, 1998  
**Height:** 6'2"  
**Hometown:** Regina, SK

**High School:** Luther HS  
**University:** University of Regina (USport)  
**Years With The Canadian National Team:** 2  
**Number of International Games Played:** 18

## National Team Statistics

| YEAR | TEAM | TOURNAMENT             | GP | GS | MIN  | AVG  | FG | FGA | PCT  | 3FG | 3FGA | PCT  | FT | FTA | PCT  | OFF | DEF | TOT | A | PF | DQ | STL | TO | BLK | PTS | RPG | APG  | PPG |
|------|------|------------------------|----|----|------|------|----|-----|------|-----|------|------|----|-----|------|-----|-----|-----|---|----|----|-----|----|-----|-----|-----|------|-----|
| 2016 | JWNT | U18 FIBA Americas      | 4  | -  | 34.3 | 8.5  | 5  | 13  | .385 | 0   | 0    | .000 | 4  | 6   | .667 | 7   | 10  | 17  | 0 | 9  | -  | 0   | 6  | 1   | 12  | 4.2 | 0.0  | 3.0 |
| 2017 | JWNT | France Exhibition      | 3  | -  | 31.5 | 10.5 | 3  | 9   | .333 | 0   | 0    | .000 | 5  | 7   | .710 | 4   | 5   | 9   | 1 | 4  | -  | 0   | 4  | 1   | 11  | 3.0 | 0.33 | 3.6 |
|      | JWNT | U19 FIBA World Cup     | 4  | -  | 38   | 9.5  | 11 | 18  | .611 | 0   | 0    | .000 | 3  | 5   | .600 | 8   | 8   | 16  | 3 | 3  | -  | 0   | 5  | 1   | 25  | 4.0 | 0.8  | 6.3 |
|      | DWNT | U24 Four Nations Japan | 3  | -  | 13.1 | 4.4  | 2  | 3   | .667 | 0   | 0    | .000 | 2  | 2   | 1.00 | 1   | 0   | 1   | 0 | 2  | -  | 1   | 0  | 0   | 6   | 0.3 | 0.0  | 2.0 |
|      | DWNT | FISU Games             | 4  | -  | 25   | 6.2  | 4  | 5   | .800 | 0   | 0    | .000 | 2  | 2   | 1.00 | 1   | 7   | 8   | 0 | 5  | -  | 1   | 5  | 2   | 10  | 2.0 | 0.0  | 2.5 |

### NATIONAL TEAM HIGHLIGHTS:

**2017:** In her second time representing Canada, she attended an exhibition trip to France, continuing on to play at the U19 FIBA World Cup where she played in 4 games averaging 9.5 minutes per game and 6.3 points per game. She captured a bronze with the team at this tournament. She was then selected as a member of the Development National Team which travelled to Taipei, Taiwan for the 2017 FISU Games. She played in all 3 games of the U24 Four Nations tournament in Tokyo, Japan and 4 games at FISU, in which she averaged 6.2 minutes per game and 2 rebounds per game. Canada placed 7<sup>th</sup> at this tournament.

**2016:** Made her national team debut as a member of the Junior Women's team and played 4 games in the U18 FIBA Americas in Valdivia, Chile, placing second and securing a spot for U19 Worlds in 2017. Averaged 8.5 minutes and 3.0 points per game.

## University Team Statistics

| YEAR    | TEAM                 | League | GP | GS | MIN | AVG  | FG | FGA | PCT  | 3FG | 3FGA | PCT  | FT | FTA | PCT  | OFF | DEF | TOT | A  | PF | DQ | STL | TO | BLK | PTS | RPG | APG | PPG |
|---------|----------------------|--------|----|----|-----|------|----|-----|------|-----|------|------|----|-----|------|-----|-----|-----|----|----|----|-----|----|-----|-----|-----|-----|-----|
| 2016-17 | University of Regina | USport | 30 | 2  | 295 | 9.8  | 35 | 78  | .499 | 0   | 0    | .000 | 28 | 48  | .583 | 47  | 53  | 100 | 5  | 53 | -  | 9   | 28 | 20  | 98  | 3.3 | 0.1 | 3.3 |
| 2017-18 | University of Regina | USport | -  | -  | -   | -    | -  | -   | -    | -   | -    | DNP  | -  | -   | -    | -   | -   | -   | -  | -  | -  | -   | -  | -   | -   | -   | -   | -   |
| 2018-19 | University of Regina | USport | 35 | 6  | 538 | 15.4 | 84 | 165 | .509 | 0   | 0    | .000 | 68 | 100 | .680 | 106 | 98  | 204 | 16 | 89 | -  | 19  | 58 | 29  | 236 | 5.8 | 0.5 | 6.7 |

### UNIVERSITY TEAM HIGHLIGHTS:

**2018-19:** Appeared in 35 games with 6 starts... Averaged 15.4 minutes, 6.7 points, 5.8 rebounds, and 0.5 assists per game.

**2017-18:** Sat out the season and did not play.

**2016-17:** Appeared in 30 games in her first season at the University of Regina... Averaged 9.8 minutes, 3.3 points and 3.3 rebounds.

## Provincial Team Statistics

| YEAR | TEAM         | TOURNAMENT    | GP | GS | MIN | AVG  | FG | FGA | PCT  | 3FG | 3FGA | PCT  | FT | FTA | PCT  | OFF | DEF | TOT | A | PF | DQ | STL | TO | BLK | PTS | RPG | APG | PPG |
|------|--------------|---------------|----|----|-----|------|----|-----|------|-----|------|------|----|-----|------|-----|-----|-----|---|----|----|-----|----|-----|-----|-----|-----|-----|
| 2015 | Saskatchewan | 17U Nationals | 4  | -  | 59  | 14.7 | 3  | 5   | .600 | 0   | 0    | .000 | 8  | 9   | .889 | 5   | 19  | 24  | 3 | 8  | -  | 2   | 9  | 4   | 14  | 6.0 | 0.8 | 3.5 |

### PROVINCIAL TEAM HIGHLIGHTS:

**2015:** Played for Team Saskatchewan at the 17U Nationals in Edmonton, averaged 14.7 minutes and 6.0 rebounds per game.